

Individual Community Support Plan

Client name: Hassan Abdi

Time period that this ICSP: September 14, 201X to December 14, 201X

Client goal #1: (preferably in client’s own words): I want to get my toothache fixed.

Client objective for this ICSP period: Hassan will get connected with a dentist; and get his toothache looked at.

Client current functioning: Hassan reports having significant discomfort from a long term toothache. Hassan does not have a dentist; and reports not having seen a dentist in over three years.

Client progress toward this goal during last ICSP period (if a prior goal focus in ICSP): This is initial ICSP. This is a new goal.

Activity/task	Person/agency responsible	Schedule of activity/task: Timeframe	Frequency of case management contact planned
1. Identify a dentist who will take a new M.A. client; schedule appointment ASAP. 2. Determination of bus route/transportation assistance in getting to dental appointment	1. Case manager 2. Hassan and case manager	1. Within the next two weeks. 2. Once appointment made/prior to appointment.	Twice per month during the next two months; at least monthly thereafter

Client goal #2: I want to learn how long I am going to have to continue to take medications.

Client objective for this ICSP period: Hassan will learn more about his medications, discuss side effects with his doctor, and reasons that doctor is prescribing them.

Client current functioning: Hassan reports side effects of difficulty concentrating, fatigue, “racing thoughts”, and sleep problems. Hassan dislikes taking psychotropic medications, but believes he is being pressured to by family and mental health providers. He reports difficulty in sleep – falling asleep and difficulty in falling back asleep when awake during the night.

Client progress toward this goal during last ICSP period (if a prior goal focus in ICSP): This is initial ICSP. This is a new goal.

Activity/task	Person/agency responsible	Schedule of activity/task: Timeframe	Frequency of case management contact planned
1. Preparation of topics and questions that Hassan want to discuss with his doctor	1. Hassan and case manager	1. At contact prior to the doctor’s appointment	Twice per month during the next two months; at least monthly thereafter.
2. Meet with Hassan’s doctor to discuss Hassan’s questions	2. Hassan and case manager will together meet with doctor	2. Appointment on September 14, 201X	
3. Following appt. there will be discussion of Hassan’s thoughts.	3. Hassan and case manager will discuss together	3. At contact following appt.	

Other considerations in implementation of this goal: Hassan indicates that it would be very difficult in his culture to admit to having a mental illness.

Client goal #3: I want to get a full-time job as an auto mechanic.

Client objective #3: Hassan will explore possible enrollment in a GED program to complete his high school graduation.

Client current functioning: Hassan reports attending school in Somalia into fourth grade. He left Somalia with this family. He obtained some English language training while in refugee camp in Kenya. He attended middle school for two years and one year of high school in Minneapolis before dropping out of school. He reports being at grade level in math. Hassan reports having an uncle in Somalia who is an auto mechanic. Hassan is interested in becoming an auto mechanic himself.

Client progress toward goal #3 during last ICSP period (if a prior goal focus in ICSP): N/A, new goal added to ICSP in October.

Client’s objective for goal #3 for this ICSP period: Enroll in an GED class and explore pursuit of GED.

Objective activity/task	Person/agency responsible	Schedule of activity/task: Timeframe	Frequency of case management contact planned
1. Meet with representative of Minneapolis GED program	Hassan and case manager together	1. October 201X	Twice per month during the next three months
2. Enroll in class if Hassan decides to enroll	Hassan and case manager together	2. October 201X	
3. Begin class if Hassan decides to enroll	Hassan	3. October 201X	
4. Hassan and case manager discuss initial experience in class	4. Hassan and case manager	4. Within two days of starting school	

Other considerations in implementation of this goal: Hassan expressing interest in computers also. Exploring obtaining a GED will be part of a continuing discussion about Hassan exploring various vocational interests.

Client goal #4: I want to get an income

Client objective #4: Hassan will apply for SSI benefits.

Client current functioning: Hassan is unemployed. He relies on housing available through his mother. He relies on family and friends for pocket money. He works very occasionally assisting at a store.

Client progress toward goal #4 during last ICSP period (if a prior goal focus in ICSP): N/A, new goal added to ICSP in October.

Objective activity/task	Person/agency responsible	Schedule of activity/task: Timeframe	Frequency of case management contact planned
1. Schedule appointment with SSI	Hassan and case manager together	1. October 201X	Twice per month during the next three months
2. Gather needed documents for application	Hassan and case manager together	2. October 201X	
3. Meet with representative SSI	Hassan and case manager	3. October 201X	

Date of completion of ICSP: September 14, 201X; updated October 7, 201X

Next ICSP update planned for (date): December 14, 201X

Date of last diagnostic assessment/eligibility determination: (if longer than 36 months, redetermination is due): July 31, 201X+3

Date that client's health insurance coverage is due for reapplication: Information to be obtained

Does client want assistance with reapplication to maintain health care insurance coverage?
Yes

Releases of information/updates of releases of information completed? Release obtained for psychiatrist

Date of assessment of client's medications/side effects by physician? September 14, 201X

Client rights reviewed and rights documents provided? Yes
Which? Appeal rights; privacy rights; informed consent.

Client signature: *Hassan Abdi*
Date: October 7, 201X

Case manager signature: *Rob Jones*
Date: October 7, 201X

Clinical supervisor signature: *Susan Franklin*
Date: October 10, 201X

Other ICSP participant signature: xxxx xxxxxxxx
Date: October XX, 201X